

INCENSE MEANING USE / EFFECT

Incense releases fragrant smoke when burned.

Incense is used in therapy, meditation, and ceremony.

It may also be used as a simple deodorizer.

AMBER PRECIOUS

Burned for love, comfort, happiness and healing. Focus.

ATTRACTS MONEY

Premium masala incense.

This a scent above the rest.

Money drawing incense that truly has a wonderous scent. Use this to attract good fortune & prosperity.

BERGAMOT

Money, prosperity, uplifting of spirits, joy, protection, concentration, alertness, confidence, balance, strength, courage, motivation & assertiveness.

CANNABIS

Soft sweet grassy aroma of cannabis, Soothes the mind, Perfect for relaxing with family or friends.

CARDAMOM

Mental clarity, concentration, confidence, courage, enthusiasm. Motivation. Be calm free of worry.

CEDAR

Burned for purification, to stimulate or strengthen the psychic powers, attract love, prevent nightmares, healing, purification, protection, money, balance, grounding, clarity, insight. Wisdom. Confidence.

CEDARWOOD

Healing, Relaxing, Grounding. For purification. To break hexes.

CHAKRA LOTUS

A blend flowers, spices, gums, resins, irresistible fragrance. Ideal for Meditation, yoga, relaxation. Chakras support energy, spiritual, mental, emotional, physical health. Balance.

INCENSE STICKS

CONES

CHINA RAIN

Fresh, Delicate, Exotic. Clear the mind, relieve stress. Meditation, create serenity and good for overall well-being. Turns ones energy to positive.

CINNAMON

Stimulation, wealth, prosperity, business success, strength, lust, healing, to attract money, stimulate and strengthen the psychic powers and to aid in healing, gain wealth & success. Power. Protection.

CLOVE

Pain relief, intellectual stimulation, business success, wealth, prosperity, divination, exorcism, protection, eases fears, improves memory and focus. Dispel negativity, purify sacred and magical spaces, attract money.

COCONUT

Burn for protection, purification.

COPAL

for love, purification, uplifting spirits, protection, spirituality and to attract love

DRAGON'S BLOOD

Derived from the resin collected from the dragons blood flower. Said to increase sexual appetite. Protection, purification, courage, remove negativity, attract love, enhance psychic awareness.

Also For luck and success.

EUCALYPTUS

Enlighten and increase concentration. This scent helps with breathlessness and protection from negative energies.

FRANKINCENSE

Spirituality, astral strength, protection, consecration courage. Dispel negativity. Aid to meditation, concentration induce psychic visions. Purify Magical spaces, crystals & objects. Protect against evil. Attract good luck.

FRANKINCENSE & MYRRH

Mixture. A purifier of negative influences and increases spirituality. Clears the mind. Protection during ceremonies.

Favors friendship

GARDENIA

Peace, love and healing.

GREEN TEA

Known for its antiseptic properties, great for warding off viruses and bacteria in your home. Helps eliminate sleepiness, increase alertness, strengthens the nervous system, improves memory and helps bring harmony to the soul.

JASMINE PRECIOUS

Creativity. Self esteem. Love, money, dreams, purification, wisdom, skills, astral projection, to attract love and money, for luck in general, especially relating to love.

JUNIPER

Calming, protection, healing, to increase psychic powers and to break the curses and hexes cast by evil. Purify sleeping area. Protects against theft.

LAVENDER PRECIOUS

Antiseptic qualities so cleansing, healing. Happiness. Meditation, relaxation, to induce rest & sleep. To attract love. Peace & Harmony.

LEMONGRASS

Improves memory, helps focus, increases concentration, eliminates fatigue and the effect of sleep deprivation. Lemongrass is a natural insect repellent and is great for burning when doing outside rituals and spells.

LOTUS

Elevates mood, protection, spirituality, healing, meditation for inner peace and outer harmony, to aid in meditation. Love and romance.

MOLDVITE

Cleansing, Healing, Calming. Raises energy of your space, fills you space with healing energy. Uplifting. Soothing.

Note: Incense should never be left unattended and always out of reach of children. Burn incense in a suitable incense holder

Polar Bear Health
9342-118 Ave NW
PH 780-477-1328
www.polarbearhealth.com

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MUSK EGYPTIAN

Soothing scent of musk with a twist. The scent of Egyptian Musk differs from that of African Musk, Musk, and other Musk scents. Each has its own unique attributes

MUSK

Aphrodisiac, prosperity, courage, creates a sensual atmosphere. Courage and vitality, or to heighten sensual passion.

MYRRH

Spirituality, aids meditation, healing and consecration. An ancient incense for protection, healing, purification and spirituality. For exorcism, and banishing evil. Amplifies friendship and relations with others.

NAG CHAMPA (SATYA)

Most popular incense in the world. Made from costly, highly fragrant rare gums, resins, powders and pure Mysore Sandalwood Oil. Sacred incense. Powerful deodorizer. Grounding. Concentration, Meditation, Relaxation. Stress, Anxiety. Immunity booster.

NILE LOTUS

Light, fresh, sweet scent. Relieve fatigue. Spiritual development. Smooths depression & melancholy. Heightens intuition. Protects against the evil eye.

OPIUM

Sleep, Lucid dreaming. Physic skills. Contacting deities & guides in dreams. Not opium poppy, but a blend of sandalwood, cedarwood, jasmine, rose, cinnamon.

INCENSE STICKS

CONES

PALO SANTO— SAINT WOOD

Meditation. Enhances creativity, good fortune. Healing. Cleanses bad energy. Lovely Air Freshener. Used by healers, shamans.

PATCHOULI PRECIOUS

Money, growth, love, mastery, sensuality to attract money and love, and also to promote fertility.

PATCHOULI FOREST

Same undertone as original Nag Champa, with a bit more spice from the patchouli. Burn to stimulate spirituality and meditation. This powerful cleansing aroma will bring balance and clarity creating a calming and sacred atmosphere.

PINE

Protection, purification, healing. Often placed in the home during the winter to promote protection, health through the cold season.

ROSE PRECIOUS

Love, house blessing, fertility, healing to increase courage, induce prophetic dreams, and attract love to return calm energies to the home.

SAGE WHITE

Protection from evil. Purify sacred spaces and ritual tools. Promoting wisdom, clarity, attract money. Aid in the healing the body, mind, & soul. Helps realize desires, to develop concentration, creativity and intuition.

SANDALWOOD

Spirituality, healing, protection, astral projection to heal and protect, also for purification. Increases willpower and spirituality.

SACRED PURIFICATION

7 ANGELS

The power of the 7 Archangels to help you in any and all conditions you may be facing in life

SUPER HIT (SATYA)

Meditation, Relaxation. Reduce negative, increase positive aspects of zodiac signs. Sweeter smelling than Nag Champa.

MIDNIGHT (SATYA)—

Sweet, warm, comforting. Aroma of sandalwood blended with vanilla, champa, jasmine. This has a lingering aroma.

GOLDEN ERA (SATYA)

Similar to the original Nag Champa—with a creative twist

SWEETGRASS

Healing, peace, spirituality. Neutralize noxious, harmful or evil energies. Burned to conjure beneficial spirits prior to spell casting. Removes undesirable ions, replaces good ions beneficial for health & environment.

TEMPLE INCENSE (SONG OF INDIA)

Fragrance that matches & blends into the human sense of scents. You may not notice it is burning. Pleasant, promotes a sense of peace & tranquility.

VANILLA

Uplifting. Burned to attract love, increase sexual desire. Memory. Anti-depressant, eliminates insomnia and tames anger. For the feeling of safety, security and a uplifting atmosphere burn a little Vanilla Incense in your home.

YLANG-YLANG

Antidepressant. Confidence. For love, harmony and euphoria.

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◆ Sense of smell...the link between smells and brain response is very rapid.

◆ Scents can rapidly adjust the atmosphere of a room but also in your mind and spiritual body.

◆ Incense been used by so many cultures since ancient times.

◆ Useful for meditation, and to create a space for ritual and ceremonial work. The smoke of the incense rising is a universal symbol of prayer and offering.

◆ Incense is very practical in keeping a pleasant and relaxing home. If you are trying to mask unpleasant scents, incense can take a poorly scented room and make it feel pleasant and relaxing.

◆ No matter what purpose you use it for, incense can alter your frame of mind in a matter of seconds. Easy to use, and there are scents to choose from. You are sure to find an incense that fits your needs.